

COMMUNITY RESOURCES IN THE NEW RIVER VALLEY

(Updated September 2018)

This is a working list of resources NRCC students may need to address any non-academic challenges that they may face. It is surely not a comprehensive list of resources in the New River Valley. If you know of other important organizations or other resources that may be useful to NRCC students, please email aslp@nr.edu or call 540-674-3677 with that information. Please also reach out if you want some help navigating these resources or have challenges not adequately addressed here.

CONTENTS

Addiction/Substance Abuse	2
Child Care	2
Clothing	3
Crisis	4
Employment	4
Food	5
Health Care/Mental Health Care	6
Housing/Homelessness	7
Internet/Computer Access	7
Legal Aid	8
Scholarships	8
Transportation	8
Utilities and other Financial Needs	9

ADDICTION/SUBSTANCE ABUSE

NEW RIVER VALLEY COMMUNITY SERVICES

NRVCS offers treatment services including medication-assisted, outpatient and in-patient therapy; peer recovery; treatment services for pregnant women; and serves as a liaison to drug courts. For more information, visit www.nrvcs.org/substance-abuse or call 540-961-8300.

ALCOHOLICS ANONYMOUS

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem. For more information, visit <https://www.aa.org/> or call 877-678-2282.

CARILION CLINIC SAINT ALBANS HOSPITAL

Carilion Clinic Saint Albans Hospital (CCSAH) offers comprehensive inpatient and outpatient psychiatric treatment and chemical dependency programs. For more information, visit <https://www.carilionclinic.org/locations/carilion-clinic-saint-albans-hospital> or call 540-731-2000.

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. For more information, visit <https://www.samhsa.gov/> or call 877-726-4727.

MOUNT REGIS CENTER

Mount Regis Center offers a residential program and intensive outpatient program (IOP) designed to treat the symptoms of the disease of alcoholism and substance abuse, as well as the other emotional and behavioral issues greatly affecting and contributing to the disease. For more information, visit <http://www.mtregis.com/> or call 877-959-9554.

Students may seek referrals through the Dean of Student Services located in the Advising Center, Rooker Hall, office 268 on the Dublin campus or through the Academic Advising Manager located in office 154 at the NRV Mall site in Christiansburg. Confidentiality will be maintained to the extent permitted by law. For more information, contact the Dean's office at 540-674-3690.

CHILD CARE

ADVENTURE CLUB

Operating primarily in Montgomery County Public Schools, the Adventure club offers before and after school as well as summer programming for school-aged children. It works with families eligible for DSS benefits to make the program affordable. For more information, visit www.the-adventureclub.com or call 540-382-3783.

NEW RIVER COMMUNITY ACTION HEAD START PROGRAMS (INCLUDING NRCC EARLY LEARNING CENTER)

With locations all over the New River Valley, NRCA offers comprehensive developmental services to children aged 3-5. For an overview of each location as well as application information visit <http://newrivercommunityaction.org/head-start-2/> or call 540-633-5133.

RADFORD EARLY LEARNING CENTER

The Radford Early Learning Center offers child care to children ages 6 weeks through 12 years. For more information, visit <https://www.rainbowccc.com/radford/>.

RAINBOW RIDERS

With three locations in Blacksburg, Rainbow Riders provides child care services for children ages 6 weeks to 12 years. For more information, visit www.rainbow-riders.org/ or call 540-951-3636.

VALLEY INTERFAITH

Located at 948 Heather Drive in Blacksburg, Valley Interfaith offers child care services for income-eligible families of children ages 6 weeks to 12 years. For more information visit www.valleyinterfaithchildcarecenter.org or call 540-951-8101.

YMCA OF PULASKI COUNTY

The YMCA offers childcare services for children aged 6 weeks through pre-school. Income eligible families may qualify for the Early Head Start for 6 week-olds through 2 years old. Private-pay and DSS-eligible families may take advantage of their classrooms for 2-4 year olds. For more information visit www.pulaskiymca.org or call 540-980-3671. The YMCA is located at 615 Oakhurst Avenue in Pulaski.

CLOTHING

DRESS FOR SUCCESS – NEW RIVER VALLEY

Dress for Success promotes the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help them thrive in work and in life. For more information, visit www.facebook.com/DressforSuccessNewRiverValley/ or call 540-641-0973.

GILES COUNTY CHRISTIAN SERVICE MISSION

The Giles County Christian Service Mission is a non-profit, inter-denominational outreach ministry that has been serving Giles County for decades. The goal of the Mission is to assist families who have chronic needs due to low or fixed incomes and offer emergency assistance for families who have experienced the sudden loss of employment or other crisis. The Mission gives away clothing as part of its work. Visit the Mission at 516 Wenonah Avenue in Pearisburg or call 540-921-3006. For more information, visit www.facebook.com/gilesmission/.

IT'S ALL ABOUT JESUS OUTREACH AND HELP CENTER

It's All About Jesus Outreach and Help Center is non-denominational and non-profit ministry dedicated to helping the needy in the NRV. It is a multi- denominational non-profit ministry that helps feed and clothe the people in need in the NRV. They distribute nonperishable food, baby formula, disposable diapers and all types of clothing items. Visit the Center at 1301B West Main Street in Radford or call 540-320-2307. For more information, visit www.facebook.com/Its-All-About-Jesus-Outreach-and-Help-Center-370985229592/.

RADFORD CLOTHING BANK

The Radford Clothing Bank provides good used clothing to people in need who reside in the New River Valley (Radford City, Counties of Pulaski, Floyd, Giles, Montgomery). For more information, call 540-633-5050.

CRISIS

NEW HORIZONS

New Horizons is a “Crisis Stabilization Unit,” or CSU, providing crisis-related services both residentially and day-only, depending on the level of risk and need for each individual. The program is available to adults only (18 and older) and works with individuals who self-identify as male, female, or transgender. Their goal is to stabilize individuals that are at-risk of hospitalization due to a mental health crisis by providing high-quality care in a safe, home-like environment and by mobilizing family and other supports for ongoing recovery. For admissions or related information, or if you need immediate help, call Access at 540-961-8400.

RAFT/ACCESS CRISIS HOTLINE

The Raft Crisis Hotline is a program of NRVCS (New River Valley Community Services) that offers free paraprofessional phone counseling services to the community. Volunteers provide suicide and crisis intervention, empathy and support, mental health and substance abuse information and referrals to the counties of Montgomery, Floyd, Giles, Pulaski and the City of Radford (including Virginia Tech and Radford University). Raft operates 4 p.m. – 8 a.m. Monday through Friday and 24 hours on the weekends. NRVCS case managers answer the phones during business hours and New Horizons, a residential crisis stabilization program, provides callers with services when volunteers are unavailable. If you are in crisis or need someone to talk to, call Raft at 540-961-8400.

WOMEN’S RESOURCE CENTER

The Women’s Resource Center offers temporary emergency housing for adults and children who live in the New River Valley and are fleeing intimate partner violence. The shelter is a comfortable, attractive home with facilities for 26 women and children. They also provide shelter for men or LGBTQ individuals who do not feel comfortable staying at our shelter. Families who leave the emergency shelter and desire a supportive living environment also have the option of applying for transitional housing apartments before stepping out on their own. If you are in crisis or need immediate assistance, call the hotline: 540-639-1123 or 800-788-1123. Translators are available via Certified Languages International for non-English speaking callers. People who are Deaf or Hard of Hearing can access the hotline by using Virginia Relay (711). For more information, call 540-639-9592 or visit www.wrcnrv.org.

EMPLOYMENT

GOODWILL INDUSTRIES OF THE VALLEYS

Goodwill Work and Training Services provide individuals with the training they need to find a job or achieve a level of independence to participate more fully in life. Visit www.goodwillvalleys.com/work-and-training-services for more information about the services Goodwill offers.

INDEED.COM

This is a search engine for career postings from all over the internet. Sign up for regular emails of links to job openings in your chosen professional and/or geographical area. Visit www.indeed.com.

NEW RIVER COMMUNITY COLLEGE

Visit the Advising Center in 271 Rooker Hall (Dublin) or room 103 at the NRV Mall site (Christiansburg) for career advising resources. Check your email for regular Career Connections information that will show up each Wednesday. Local job announcements and career search guidance will be included.

VIRGINIA EMPLOYMENT COMMISSION

Visit this site for local job listings, job fairs and career search guidance: <http://www.vec.virginia.gov/find-a-job>.

FOOD

BLACKSBURG INTERFAITH FOOD PANTRY

Open to citizens in the Blacksburg and McCoy area, this pantry is open Monday from 4:00-6:00 p.m., and Tuesday-Friday from 10:00 a.m.-noon and is located at 706 Harding Avenue, Blacksburg. For more information, call 540-951-8134 or visit <http://newrivercommunityaction.org/IFP/>. (NOTE: The pantry will be closed if Montgomery County Public Schools are closed.)

DAILY BREAD-FIRST PRESBYTERIAN CHURCH

The church hosts Pulaski Daily Bread, an ecumenical program that serves mid-day community meals Monday through Friday of each week. Groceries are distributed on Monday, Tuesday and Thursday, opening at 11:00 a.m. It is advised to arrive at opening time (11:00 a.m.), where guests eat first, and then are able to fill one grocery bag per household. There are no income or residence guidelines. Located at the corner of Fourth & Jefferson Streets, Pulaski. For more information, please contact Debra Harrell at 540-980-2131.

THE DREAM CENTER

This pantry is open on the last Tuesday of each month from 10:00 a.m.-noon and is located at 249 Dora Highway, Pulaski and reachable at 540-980-8880.

DUBLIN BAPTIST CHURCH FOOD PANTRY

The food pantry is open on Tuesdays and Wednesdays from 10:00 a.m.-2:00 p.m. to residents of Pulaski County. Located at 100 Hawkins Street, Dublin. Please call 540-674-6061 before coming.

GILES FOOD BANK- NRCA

Part of the New River Community Action Food Bank, this pantry is open to all residents of Giles County.

It is open Monday- Friday from 9:00-11:00 a.m. & 1:00-3:00 p.m. The Giles Food Bank is located at 516 Wenonah Avenue, Pearisburg. For more information, call 540-921-2146.

THE GIVING TREE FOOD PANTRY

This is a locally run food pantry to help those in the NRV. Doors open at 4:30 p.m. every Friday (except holidays). Distribution is from 6:00-7:00 p.m. and patrons must be present by 6:30 p.m. to receive food. The organization is located at 3385 North Franklin Street, Christiansburg.

HERITAGE CARES FOOD PANTRY – HERITAGE CHURCH

The pantry is open every Thursday from 9:00 a.m.-4:00 p.m. Each family may receive food once a month and must have a valid ID. Located at 6195 Cleburne Boulevard, Dublin. For more information, call 540-674-9200 or visit <http://www.heritagechurch.net/heritage-cares-food-pantry>.

IT'S ALL ABOUT JESUS OUTREACH AND HELP CENTER

It's All About Jesus Outreach and Help Center is non-denominational and non-profit ministry dedicated to helping the needy in the NRV. It is a multi- denominational non-profit ministry that helps feed and clothe the people in need in the NRV. They distribute nonperishable food, baby formula, disposable diapers and all types of clothing items. Visit the Center at 1301B West Main Street in Radford or call 540-320-2307. For more information, visit www.facebook.com/Its-All-About-Jesus-Outreach-and-Help-Center-370985229592/.

JORDAN'S CHAPEL UMC- FOOD PANTRY

This pantry provides food to families in the Pulaski area in the form of food boxes, which may be requested once a month. Families must pick up food by appointment only on Tuesdays & Thursdays from 4:30-5:00 p.m. and is located at 1977 Alum Spring Road, Pulaski. For more information, please contact Angela Goad at 540-980-6958.

LITTLE CREEK FOOD PANTRY

The pantry is open on the 3rd Saturday of each month from 9:00 a.m.-noon and is located at 3984 Little Creek Road, Dublin. For more information, call 540-674-8739.

MONTGOMERY COUNTY EMERGENCY ASSISTANCE PROGRAM

Part of the New River Community Action Program, the MCEAP Food bank and office are open on Monday- Thursday from 8:00-11:30 a.m. & 1:00-4:00 p.m., and on Friday from 8:30 a.m.-4:30 p.m. MCEAP is located at 110 Roanoke Street, Christiansburg and can be reached at 540-381-1561.

PLENTY! (RESIDENTS OF FLOYD COUNTY ONLY)

This organization provides a food pantry that is open during the following times: Monday 1:00-4:00 p.m., Tuesday 10:00 a.m.-1:00 p.m., and Thursday 4:00-6:30 p.m. This organization also provides a community lunch on the last Wednesday of every month that is open to anyone. Plenty is located at 192 Elephant Curve Road, Floyd. For more information, visit <https://plentylocal.org/> or call 540-745-3898.

RADFORD/ FAIRLAWN DAILY BREAD

The Radford/ Fairlawn Daily Bread provides meals to those who are in need of food and/or fellowship. Meals are served Monday-Friday from 11:00 a.m.-noon. Daily Bread is located at 501 Norwood Street, Radford. For more information, call 540-639-0290. The Radford/ Fairlawn Daily Bread also provides homebound meals, "Meals on Wheels," to those in the local area. Deliveries are made right to your door Monday- Friday from 10:00 a.m.-noon. For more information about this organization, call 540-641-3883 or visit <http://www.radfordfairlawndailybread.org/>.

RADFORD WORSHIP CENTER

The Radford Worship Center has a monthly food distribution ministry called "His Provisions." Volunteers work with local grocers to provide groceries and food to low-income families in the New River Valley, free of charge. "His Provisions" distributes food on the fourth Sunday of each month at 2:00 p.m., except for November and December, which will be on the third Sunday, due to holidays. The Center is located at 1820 Second Street, Radford. For more information call 540-639-6287 or visit <http://www.radfordworshipcenter.com/about/contact-us/>.

VALLEY HARVEST MINISTRIES FOOD PANTRY

This pantry is open on every Wednesday, EXCEPT the first Wednesday of every month, from 9:00-10:00 a.m. and is located at 1 Harvest Place, Dublin. For more information, call 540-674-4729.

HEALTH CARE/MENTAL HEALTH CARE

COMMUNITY HEALTH CENTER OF THE NEW RIVER VALLEY

The Community Health Center of the New River Valley provides medical, dental, behavioral and preventive health services to everyone, regardless of ability to pay or insurance status. They now accept patients with Medicare or Medicaid, and with or without private insurance coverage. Patients who pay out of pocket are charged on a sliding scale, based on income levels. Clinics are located in Pearisburg (219 South Buchanan Street, 540-921-3502), Dublin (5826 Ruebush Road, 540-585-1310) and Christiansburg (215 Roanoke Street, 540-381-0820). Find out more information at www.chcnrv.org.

FREE CLINIC OF PULASKI COUNTY

The mission of the Free Clinic of Pulaski County is to provide primary medical, nursing, and mental health care; to provide medication; and to provide health education to those adults in Pulaski County who do not have the resources to obtain these basic healthcare needs. The clinic is located at 25 Fourth Street in Pulaski and can be reached at 540-980-0922. For more information, visit www.pulaskifreeclinic.org.

HEALTH DEPARTMENTS

Local health departments offer maternity, infant, well-child care as well as immunizations and confidential STI testing. The New River Valley Health Districts have offices in the following areas of the New River Valley and can be reached as follows:

- Floyd County Health Department - 540-745-2142, 123 Parkview Road, NE, Floyd
- Giles County Health Department – 540-235-3135, 1 Taylor Avenue Suite 4, Pearisburg
- Montgomery County Health Department – 540-585-3300, 210 South Pepper Street-Suite A, Christiansburg
- Pulaski County Health Department – 540-440-2188, 170 4th Street NW, Pulaski
- Radford City Health Department – 540-267-8255, 220 East Main Street, Radford

NEW RIVER VALLEY COMMUNITY SERVICES

NRVCS offers mental health care for children and adults ranging from individual and group therapy to residential crisis treatment. For more information, visit <http://www.nrvcs.org/mental-health-services-adults/> or call 540-961-8300.

WOMEN’S RESOURCE CENTER

Counselors at the Women’s Resource Center are trained to address the needs and concerns of survivors of sexual assault, domestic violence, and stalking. Counseling is available whether the violence occurred recently or in the past. The Women’s Resource Center also offers counseling services for school-aged children and teens who have experienced or witnessed sexual or domestic violence. All counseling services through the Women’s Resource Center are confidential and provided at no cost. For more information, please call 540-639-9592.

HOUSING/HOMELESSNESS

NEW RIVER COMMUNITY ACTION HOMELESSNESS AND HOUSING PROGRAM

Visit NRCA Homeless and Housing Programs for rental counseling and financial assistance. Their Emergency Assistance program offers assistance with utilities and other financial assistance. More information can be found at <http://newrivercommunityaction.org/homeless-prevention/>. You can also contact your local office to be pre-screened for services:

- Floyd | 540-745-2102
- Giles | 540-921-2146
- Montgomery | 540-382-6186
- Pulaski | 540-980-5525
- Radford | 540-267-3205

INTERNET/COMPUTER ACCESS

NEW RIVER COMMUNITY COLLEGE

Watch for an email about the computer club from Professor David Filer at the beginning of each semester. The computer club gives away free rebuilt computers to students who qualify. You can also visit the Accountability in Student Learning Program (ASLP) office to borrow a laptop for one semester. Conditions apply and supplies are limited. Contact 540-674-3677 or aslp@nr.edu or visit 53 Godbey Hall in Dublin or Room 103 at the NRV Mall site for more information.

NRV FREE WIRELESS HOTSPOTS

Internet access is not only expensive, but in some parts of the New River Valley, it is unavailable at all, even for those who can afford to pay for it. So you may have to find internet access in local businesses and other facilities. You should be able to access the internet and computers in computer labs, the library, connection centers and classrooms all over NRCC’s campus and at the mall site. If you have a laptop, you should be able to access wireless internet all over campus. Some local businesses and public libraries also have free internet access. Make sure to check out public libraries, McDonald’s restaurants, coffee shops, Wal-Marts, Chik-Fil-A,

and Paneras. Some of these establishments will require that you make a purchase to use their internet, but you can often access wi-fi even from their parking lots. If you would like someone to help you explore your internet options, feel free to contact the ASLP office at aslp@nr.edu or 540-674-3677 or by visiting 53 Godbey Hall in Dublin or the NRV Mall site room 103.

LEGAL AID

SOUTHWEST VIRGINIA LEGAL AID SOCIETY

Southwest Virginia Legal Aid Society (SVLAS) is a private, non-profit law firm. It provides free civil legal services to low-income families in 17 counties and four small cities in southwestern Virginia. Attorneys and paralegals can talk with income-eligible clients in person or over the telephone; help you negotiate with a landlord, employer, creditor, or agency worker; or represent you in court or at administrative hearings. For more information, visit <http://www.swvlegalaid.org/>, call 540-382-6157 or walk in to the Christiansburg field office at 155 Arrowhead Trail, Christiansburg.

SCHOLARSHIPS

COMMUNITY FOUNDATION OF THE NEW RIVER VALLEY

The Community Foundation of the NRV offers several scholarship programs to graduating high school seniors and current college students. The deadline for scholarship applications is usually in February. For more information, visit <https://cfnr.org/scholarships/>.

NEW RIVER COMMUNITY COLLEGE EDUCATIONAL FOUNDATION

The foundation awards scholarships up to \$1,500 to support studies at NRCC. These awards are based on criteria such as financial need and academic achievement, and are available to persons who are enrolled or intend to enroll in specific programs. These scholarships are made possible by the generous donations of individuals and organizations who have chosen to provide their support for students through the NRCC Educational Foundation's Endowed Scholarship Program. Applications are available only online at www.nr.edu/foundation/scholarship.php and the submission deadline is usually in February.

The Foundation also offers textbook scholarships to students unable to afford their textbook costs. For more information on either of these scholarship programs, contact the Foundation Office at 540-674-3618.

TRANSPORTATION

PULASKI AREA TRANSIT

For fares and more information please visit website: <http://www.pulaskitransit.org/>.

RADFORD AREA TRANSIT

Maps are available online as well as 6 real time bus maps/schedules you can track right from your phone. Visit their website for more information: <http://www.radfordtransit.com/>.

BLACKSBURG AREA TRANSIT

For fares and more information please visit their website: <http://www.btransit.org/>.

GO ANYWHERE BUS (CHRISTIANSBURG)

The service requires advance reservations and provides service within the town limits of Christiansburg. To reserve a trip on the Go Anywhere bus call 540-443-7111, Monday through Friday, between the hours of 7 a.m. and 5 p.m. Same day reservations are available on a first come, first served basis, so advance reservations are recommended. The Go Anywhere bus provides trips to the Lewis Gale Hospital Montgomery Monday through Saturday. <http://www.christiansburg.org>.

VALLEY METRO

The Valley Metro provides service between Blacksburg/Christiansburg and the Roanoke Valley. For maps, schedules, and fares please visit their website: <http://www.valleymetro.com/>.

RIDE SOLUTIONS

Ride Solutions provides alternative transportation options – ridesharing (carpooling and vanpooling), biking, public transit, walking, and guaranteed ride home services – to residents living within the greater New River and Roanoke Valleys and Region 2000 regions of southwestern Virginia. Through free services they partner with citizens and businesses to connect them with commuting options – beyond the single-occupancy vehicle – to access work and school. More information: <http://ridesolutions.org/about-us/>.

RESPONSIBLE RIDES

This is a car purchase program for low-income families. It can help you get a car if you have debt and credit challenges. For more information please visit their website: <http://www.swva.net/nrca/responsiblerides1.html>.

MEDICAID TRANSPORTATION

Virginia Premier provides members with safe and efficient transportation to and from medical appointments, health and wellness events, and educational sessions. To schedule a trip, please call Member Services at 800-727-7536 between 8:00 am – 5:00 pm, Monday through Friday. <https://www.vapremier.com/members/medicaid/member-resources/transportation/>.

UTILITIES AND OTHER FINANCIAL NEEDS

DEPARTMENT OF SOCIAL SERVICES

Contact Social Services to determine if you are eligible for any benefits related to utilities or rent assistance. Visit www.dss.virginia.gov to learn more or call the local Departments of Social Services: Floyd (540-745-9316), Giles (540-626-7291), Montgomery (540-382-6990), Pulaski (540-980-7995), or Radford (540-731-3663).

GILES COUNTY CHRISTIAN SERVICE MISSION

The Giles County Christian Service Mission is a non-profit, inter-denominational outreach ministry that has been serving Giles County for decades. The goal of the Mission is to assist families who have chronic needs due to low or fixed incomes and offer emergency assistance for families who have experienced the sudden loss of employment or other crisis. The Mission gives away clothing as part of its work. Visit the Mission at 516 Wenonah Avenue in Pearisburg or call 540-921-3006. For more information, visit www.facebook.com/gilesmission/.

NEW RIVER COMMUNITY ACTION

NRCA has an Emergency Assistance Program that offers assistance with rent, utilities and other needs like diapers and clothes for babies. Offices are located in Giles, Floyd, Montgomery and Pulaski Counties and the city of Radford. For more information, visit www.swva.net/nrca or call 540-633-5133.